# Psychosocial Rehabilitation (PSR) Collaborative: Theory of Change (as of September 2019)

POPULATION LEVEL OUTCOME:  By 2025
To increase social connectivity and engagement among people living with a mental illness in the Greater Victoria Area by 10% (1,000 people).

| OUR THEORY ABOUT HOW WE CAN ACHIEVE THAT CHANGE | | |
|---|---|---|
| **Strategies** | **Actions** | **Intermediate Outcomes: 2022?** |
| 1. Strengthen **partner engagement, alignment, shared measures** and strategic learning culture. | ▪ Secure resources to define and structure paid backbone/evaluation services in 2020.<br>▪ Engage the next level of stakeholders who are connected with young adults and/or the strategies.<br>▪ Research/Evaluation WG to develop an evaluation framework, tools and capacity for DE and formative evaluation and learning.<br>▪ Draft a partner MOU<br>▪ Pursue DE and CI coaching through Innoweave and additional Victoria Foundation support. | ➢ Relevant partners are formally aligned around shared strategies.<br>➢ Partners have developed and implemented a shared measures framework. |
| 2. Build on existing services to **expand peer support and outreach** (paid and unpaid) and develop a community of practice and support systems to ensure sustainability. | ▪ Identify Co-chairs and form a Peer Support WG<br>▪ Engage other organizations in identifying priority activities.<br>▪ Implement activities to expand services and capacity.<br>▪ Convene peer support workers and agencies (this happened once several years ago) and support CoP formation and priority setting.<br>▪ Research and/or scale sustainable models for delivery. | ➢ There is an emerging network/CoP for MHSU Peer Support workers.<br>➢ Resources have been secured for additional training and peer support positions. |
| 3. **Develop and test alternative approaches to sustainable, low barrier Social Gathering Places (SGPs).** | ▪ Develop SGP criteria and a shortlist of sites to test feasibility.<br>▪ Engage stakeholders in identifying readiness and demand and testing the SGP criteria.<br>▪ Establish a working group to begin implementation planning for a January 2020 opening of a prototype SGP. | ➢ There is at least one (new) SGP option engaging people and ready to be scaled. |
| 4. **Create a single, shared, living and accessible navigation or resource and referral system.** | ▪ Develop Co-chairs and form a Navigation WG<br>▪ This is a priority focus for the next few years and it needs more research and discussion to develop actions. | ➢ Existing SGPs, service providers, institutions, related professionals and community are using a common navigation system. |
| 5. Strengthen partners **training for, embedding and evaluating PSR approaches** and standards. | ▪ Not yet developed | ➢ Partner organizations have identified PSR practices that are priorities for enhancement and there is a strategy for doing this. |